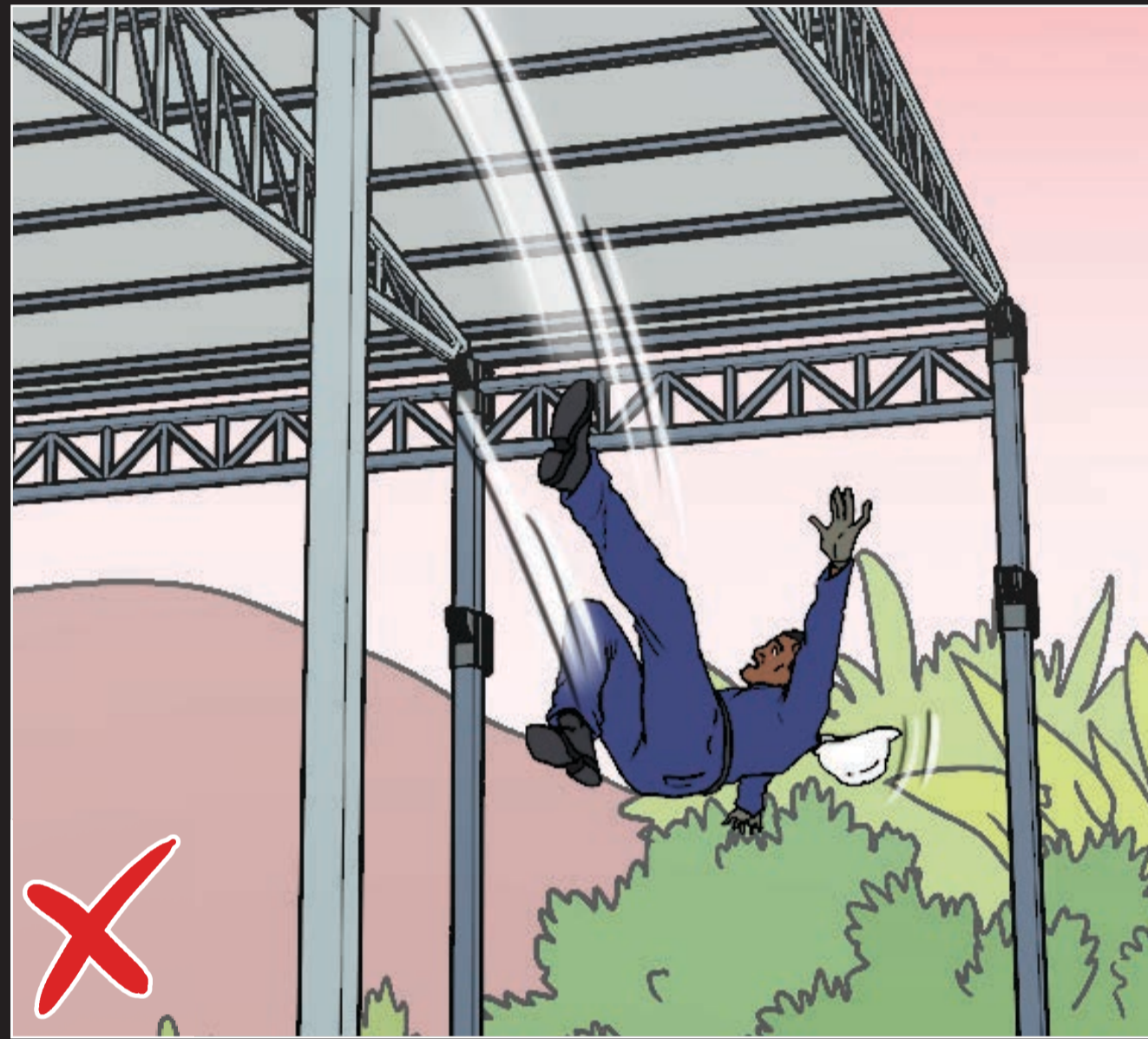


Stop falls from height

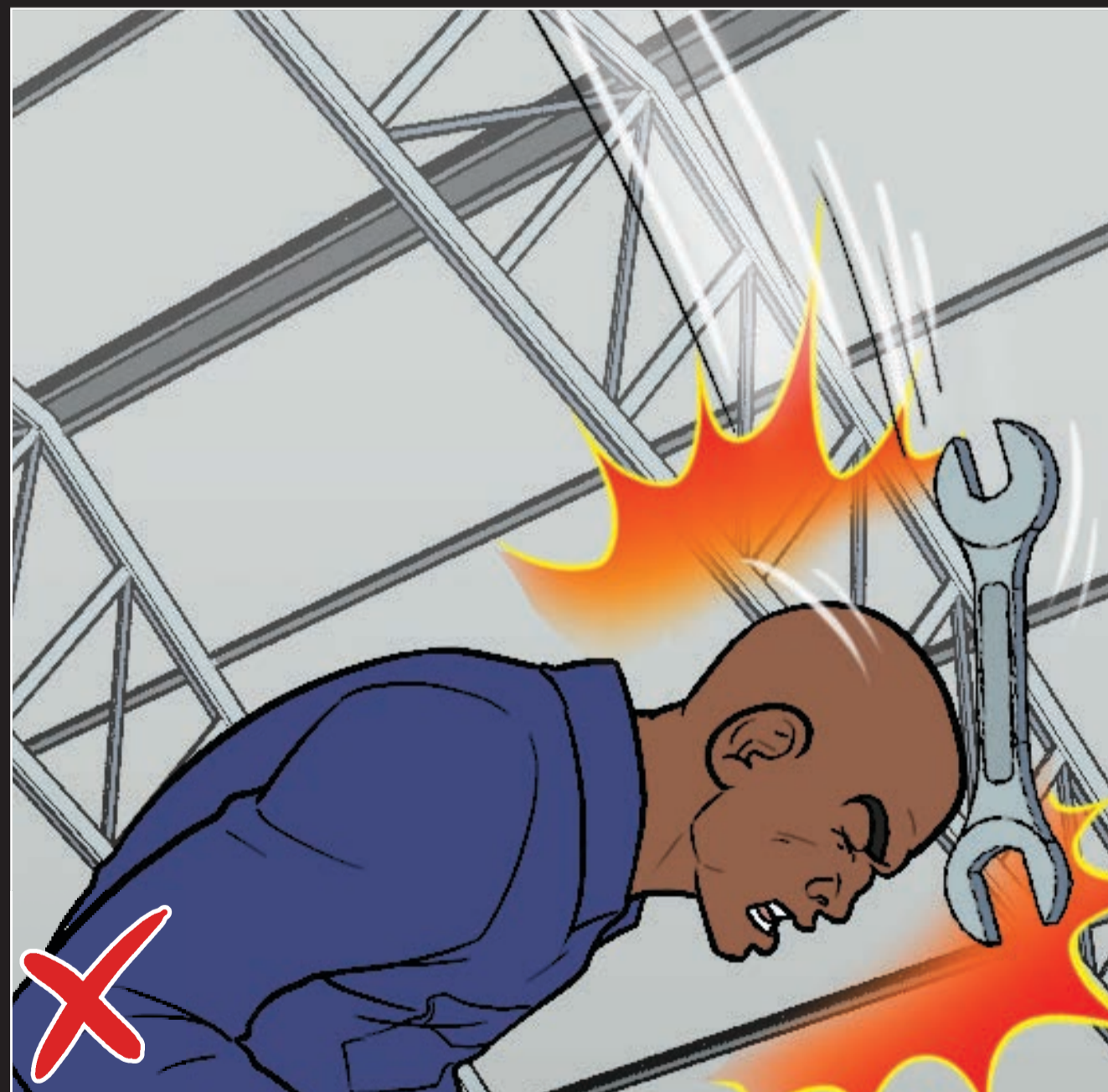
Working from heights is one of the leading causes of death and injury in agriculture.

Dangers:

Falls from height

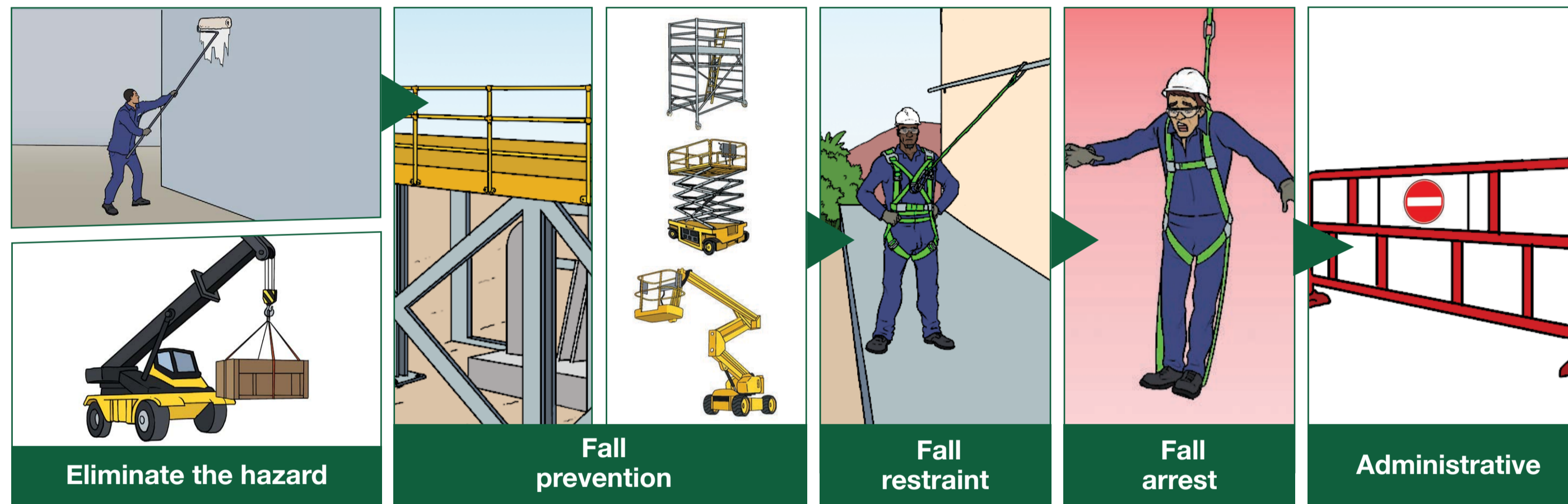


Objects dropped from height

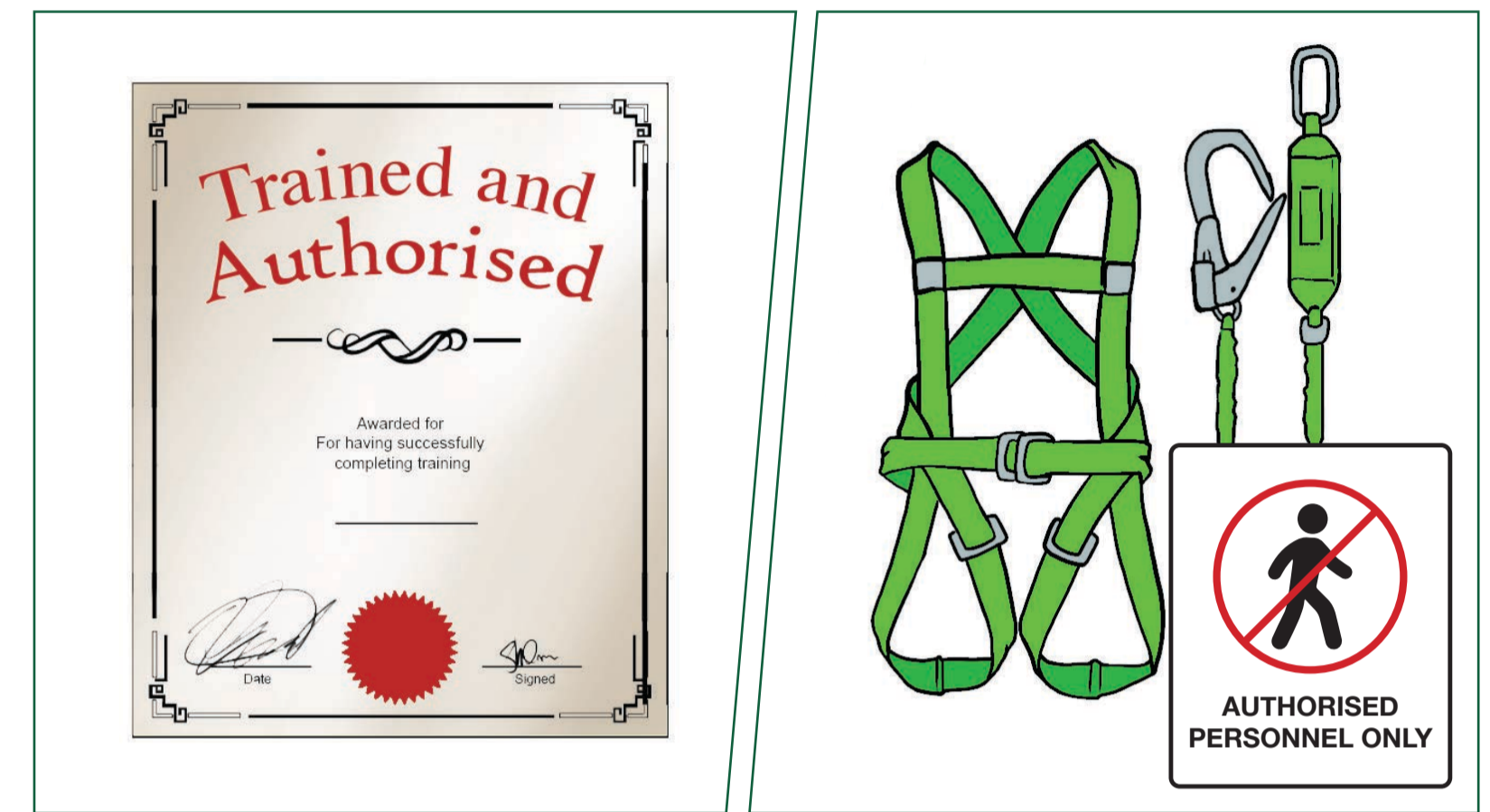


Controls:

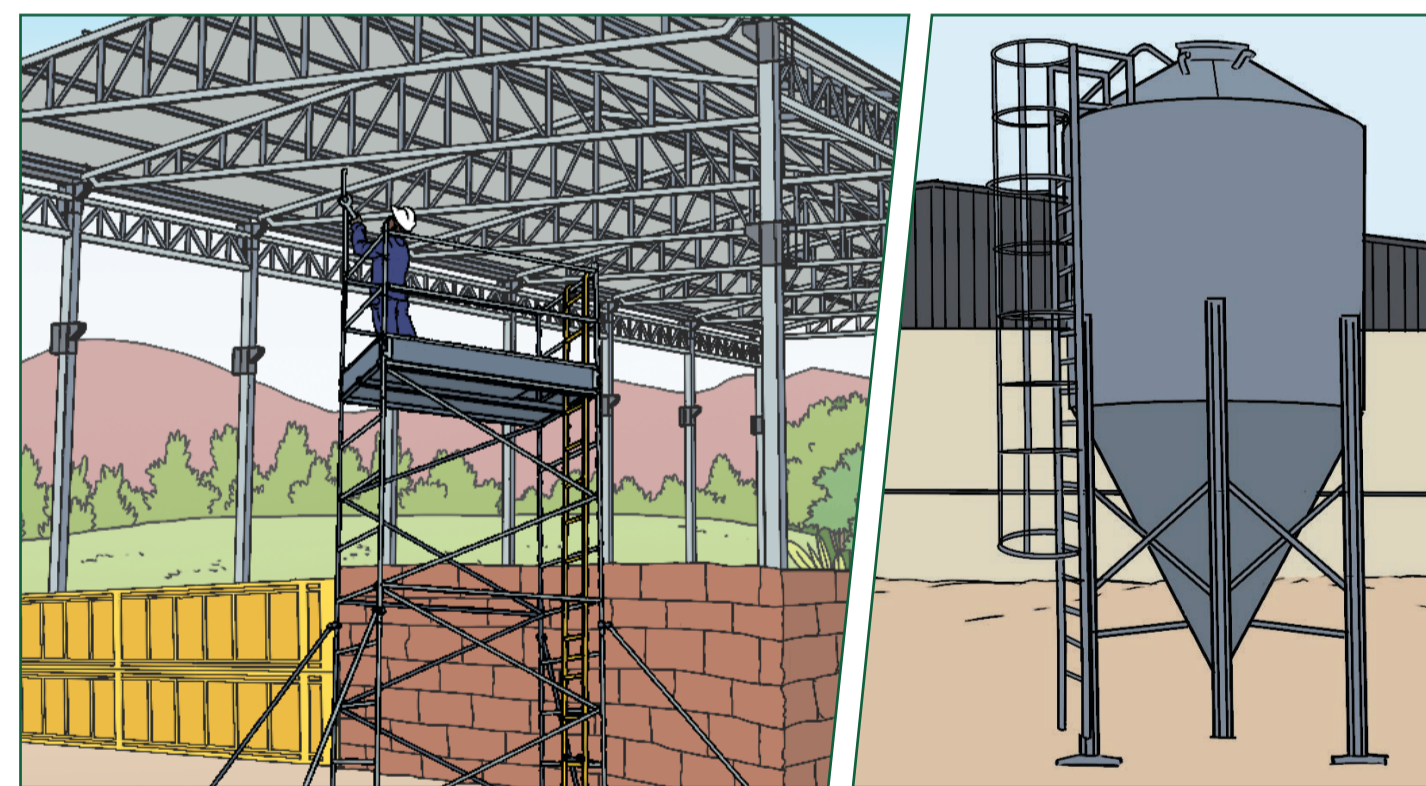
1. Always do a risk assessment. Follow the hierarchy of controls.



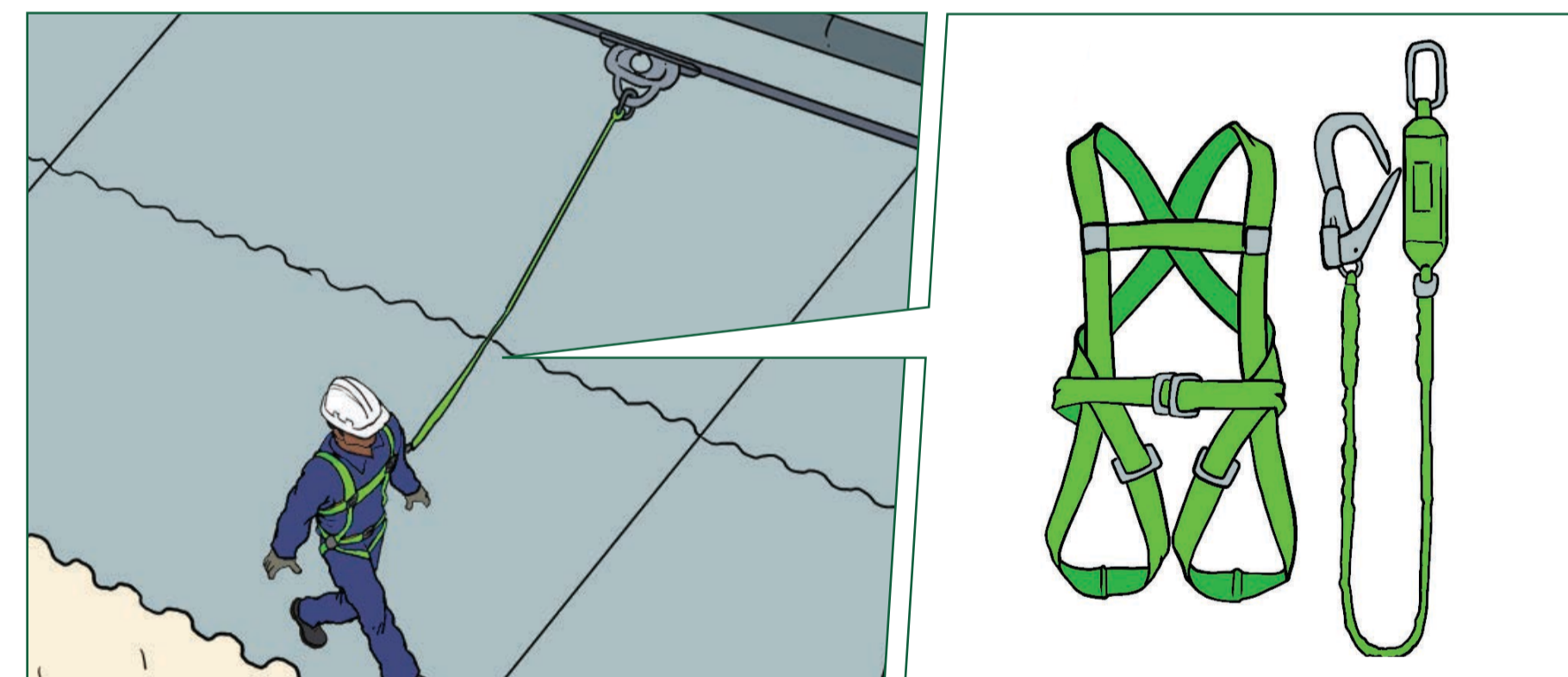
2. Only do the task if you are trained, authorised and have the right PPE and equipment.



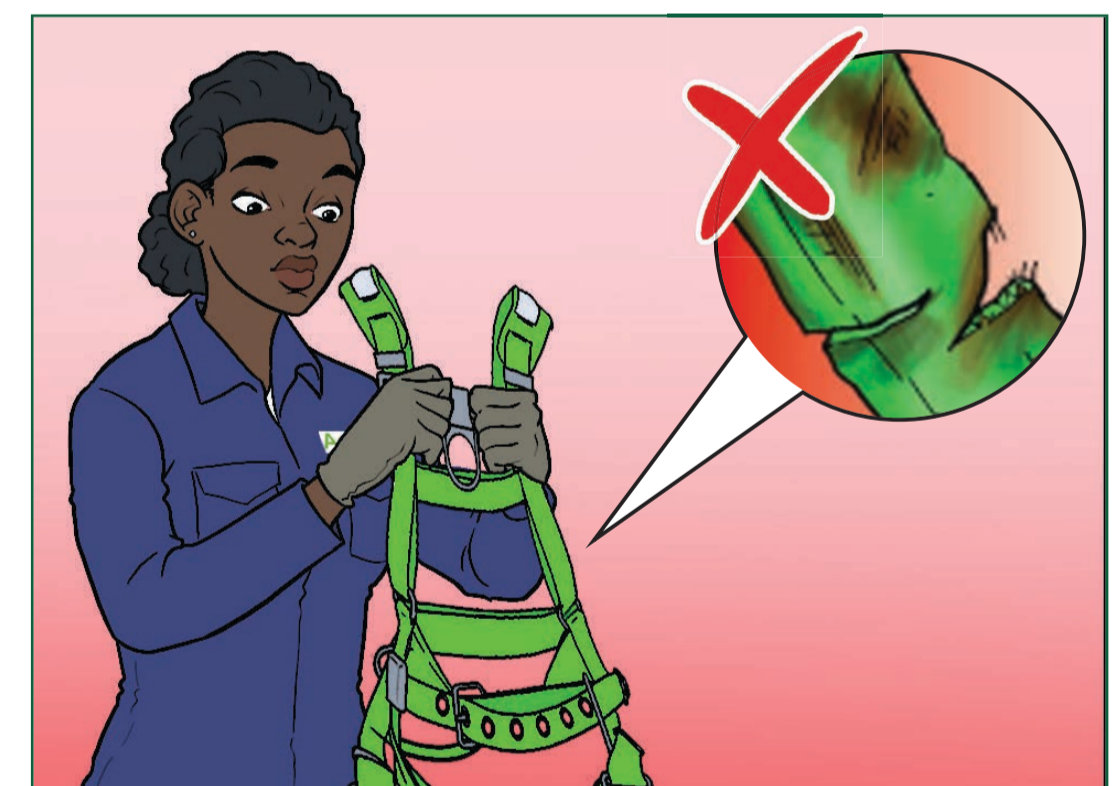
3. If you cannot avoid working at height, use safe working platforms or use edge protection.



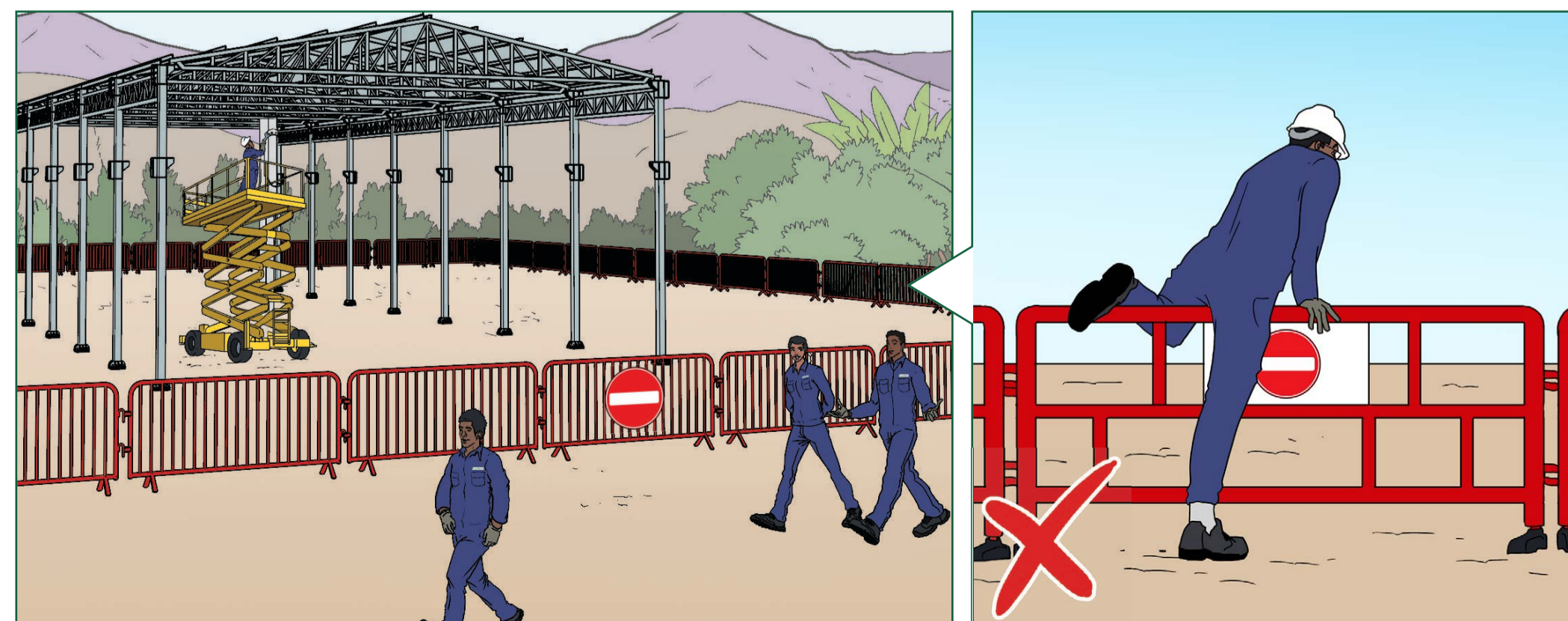
4. If you cannot use a safe working platform, use harnesses or a fall arrest system.



5. Always make sure your harness and PPE is in good condition.



6. Don't enter areas and prevent others from entering areas where people are working at height. Use warning signs and barriers.



8. Keep three points of contact when using a ladder. Don't stand on the top three steps. Ladder must be on a solid base.



9. Always have an emergency or rescue plan in place.

